

# Christ the King Abbey

(Traditional Benedictines)

Cullman, Alabama

[www.ChristTheKingAbbey.org](http://www.ChristTheKingAbbey.org)

Every Sunday: 6:00 AM and 10:00 AM

Daily: 6:00 AM

Holy Days of Obligation:

6:00 AM – 8:00 AM – 7:00 PM

## Our Lady of Lourdes Chapel

Montgomery, Alabama

10:45 AM

Only on first Sunday  
of each month

## Saint Pius V Chapel

Birmingham, Alabama

9:30 AM

Every Sunday except  
first Sunday of each month

FEAST OF SAINT LUKE EVANGELIST

*(Twentieth Sunday after Pentecost)*

October 18, 2009 – Red

Mass of Saint Luke G1; Cr; comm. Sunday

Preface of Apostles

Weekly Bulletin #1117

*O Lord, uphold us and  
our absent brethren.*

## THE POWER OF PRAYER

By

RICHARD GRÄF, CS.Sp. Part 14  
1957

### FUNCTION OF PRAYER IN THE SPIRITUAL LIFE

Christ is our Brother, our Friend, our Bridegroom; He is Soul of our soul, the Primal source of our spiritual life. Our oneness with Him should fill our consciousness at least in prayer. Its actual reality must in the long run become *conscious* reality. “Try your own selves, if you be in the faith; prove ye yourselves. Know you not your own selves, that Christ Jesus is in you, unless perhaps you be reprobates” (2 Cor. 13, 5). And where are we to experience and find out that Christ is in us if not at prayer? It is at prayer that the knowledge of Him is spread abroad like a perfume (2 Cor. 2, 14). It is seldom that a man meets God in external visible form, as Saul did when approaching Damascus; the kingdom of heaven is within us (Luke 17, 20). With us God has made His abode (John 14, 23). Through Christ a light has been kindled in our hearts whose shining is to make known His glory (2 Cor. 4, 6). And so we are made to “know the things that are given us from God” (1 Cor. 2, 12).

He who fails to lead a life of prayer will fail too to recognise Christ dwelling in his heart. “Have I been so long a time with you (*within* you!) and have you not known me?” (John 14, 9). “Indeed the Lord is in this place and I knew it not” (Gen. 28, 16). *Without a life of prayer one cannot be a complete Christian; without prayer one cannot reach a living faith nor, as a result, a genuine love of God. It is precisely because we lack faith that our love wears so thin and threadbare.* Prayer, then, will as a matter of course render our faith effective, and faith in turn make our love a reality.

#### 2. Prayer a Source of Strength

Man's soul and body have been so fashioned by the Creator that, to function properly, they must have active work. Even in the original paradise man had to work, though work was not felt as a burden but rather as recreation. *A tool left lying idle soon gets rusty.*

There is, then, nothing unnatural about work; only through the original fall it has become burdensome. “Cursed is the earth in thy work; with labour and toil shalt thou eat thereof all the days of thy life... In the sweat of thy face shalt thou eat thy bread” (Gen. 3, 17). *Though work, then, is in accord with man's nature, he cannot continue working indefinitely; he has to have breaks; he must eat and drink, sleep and rest; he must repair his mental and bodily vigour exhausted in work. Only then is he in a position to expend his energies anew.* A point is reached for every man when, so to speak, he is at the end of his tether and when nature imperiously demands its revigoration.

**To be Continued...**

**Today is the Feast of St Luke the Evangelist we must pray to him and ask from him the help that he can give to us in understanding scripture to a better degree.**

Next Sunday is the Feast of Christ the King. Everyone is asked to prepare well for this Feast of The Kingship of Our Blessed Lord.

The blessing of the Statue of Christ the King and the Shrine will take place (weather permitting) next Sunday following the 10:00 AM Mass and Benediction of the Most Blessed Sacrament. This occasion should be, for us, an occasion to receive God's graces and blessings. Let us not miss this great opportunity for grace and blessing.

*Please pray very ardently for the welfare and the future of our Monastery and Chapels  
Please pray for good and persevering Religious Vocations.*



**NOTICE OF DEATH**



**Forney Stevenson Roy**

*Our Lady of Lourdes Chapel Montgomery, Alabama*

In your charity, please remember the soul of Forney Roy,  
Born April 6, 1925 died on Sunday, October 11, 2009

Mr. Roy was helpful from the very beginning in the needs of Our Lady of Lourdes Chapel



1. There will be Catechism class after 10:00 AM Mass this morning.
2. **Early notice: Daylight saving time ends on the First Sunday of November**
3. The Ministers for the Feast of Christ the King  
Celebrant: Father Abbot Leonard OSB  
1. Master of Ceremonies: Father Michael OSB  
2. Master of Ceremonies: Father Sebastian OSB  
Acolytes: 1. Douglas LeBlanc,  
2. Kenneth LeBlanc,  
Incense: Brother Louis OSB
4. No Mass at St. Pius V Chapel, Birmingham on Sunday, October 25, 2009 – the Feast of Christ the King.
5. The Holy Souls envelopes are now available. Please return them before November 1, 2009.
6. October is the Month of the Holy Rosary - as always there is daily Rosary at 7:20 PM in the Abbey Church. Those who can are urged to attend. Those who cannot attend are urged to say the Rosary at home. Daily Rosary is a MUST for everybody.
7. Please pray for all the Sick and Shut-ins of our Chapels. **LET US ALSO PRAY FOR EVERYONE.**
8. **MASSES FOR THE WEEK:** (Father Abbot Leonard's schedule only)  
SUNDAY: For the People of our Chapels  
MONDAY: Dec. Forney Roy  
TUESDAY: Welfare Yolanda Dacar  
WEDNESDAY: Welfare Patricia Duane  
THURSDAY: Dec. Michael Le Wilkerson  
FRIDAY: For the Poor Souls  
SATURDAY: Special Int. Teresa Svetz

***A Thought To Remember...***

**God did not create us for hell but for heaven, not as companions for the devil but to be with Him and enjoy Him in everlasting love. To hell go only those who wish to go there! If we love, we have no need or cause to fear, since the FORCE of that love operating in our hearts and minds will move us to live according to the Will and Wish and Pleasure of our Almighty Father  
Heaven will be ours.**