

# Christ the King Abbey

(Traditional Benedictines)  
www.christthekingabbey.org

Cullman, Alabama

Every Sunday: 6:00 AM and 10:00 AM

Daily: 6:00 AM

Holy Days of Obligation:

6:00 AM - 8:00 AM - 7:00 PM

Our Lady of Lourdes Chapel

Montgomery, Alabama

10:45 AM

Only on first Sunday  
of each month

St Pius V Chapel

Birmingham, Alabama

9:30 AM

Every Sunday except  
first Sunday of each month

FEAST OF PENTECOST

May 23, 2010 – Red

Mass of Sunday GI; Cr; Preface of Pentecost

Weekly Bulletin #1149

## Come Holy Ghost



Final Hymn after  
Leonine Prayers.

1. Come Holy Ghost Creator blest  
And in our hearts take up Thy rest;  
Come with Thy grace and heav'nly aid  
To fill the hearts which Thou hast made.  
To fill the hearts which Thou hast made.



2. To Thee, the comforter we cry,  
To Thee, the gift of God most high;  
The font of Life and fire of Love  
And soul's anointing from above  
And soul's anointing from above

4. To God the Father let us sing,  
To God the Son our risen King,  
And equally let us adore  
The Spirit God forever more  
The Spirit God forever more

3. Make Thou to us the Father known,  
Teach us the eternal Son to own,  
Be this our never changing creed:  
That Thou dost from them both proceed  
That Thou dost from them both proceed



# Come Holy Ghost, and in our hearts take up Thy rest



## The Imitation of Christ

THOMAS A KEMPIS



## The Voice Of Christ

MY CHILD, I must be your supreme and last end, if you truly desire to be blessed. With this intention your affections, which are too often perversely inclined to self and to creatures, will be purified. For if you seek yourself in anything, you immediately fail interiorly and become dry of heart.

Refer all things principally to Me, therefore, for it is I Who have given them all. Consider each thing as flowing from the highest good, and therefore to Me, as to their highest source, must all things be brought back.

From Me the small and the great, the poor and the rich draw the water of life as from a living fountain, and they who serve Me willingly and freely shall receive grace upon grace. He who wishes to glory in things apart from Me, however, or to delight in some good as his own, shall not be grounded in true joy or gladdened in his heart, but shall be burdened and distressed in many ways. Hence you ought not to attribute any good to yourself or ascribe virtue to any man, but give all to God without Whom man has nothing.

I have given all things. I will that all be returned to Me again and I exact most strictly a return of thanks. This is the truth by which vainglory is put to flight.

Where heavenly grace and true charity enter in, there neither envy nor narrowness of heart nor self-love will have place. Divine love conquers all and enlarges the powers of the soul.

If you are truly wise, you will rejoice only in Me, because no one is good except God alone, Who is to be praised above all things and above all to be blessed.

*~ Today, especially ~*

## Let us Pray to the Holy Ghost for the Gift of Understanding

1. There will be Catechism class today after the 10:00 A.M. Mass.
2. **Wednesday, Friday and Saturday of this Week** are the Pentecostal Ember Days and are days of fast and abstinence. Meat is allowed at the main meal on Wednesday and Saturday.
3. Please pray for our Sick and Shut-Ins. Let us pray for everyone.
4. **N.B.:** There will be no Mass at Our Lady of Lourdes Chapel in Montgomery on June 6 (First Sunday). There will be Mass at Our Lady of Lourdes Chapel in Montgomery on June 13 (Second Sunday). The Chapel Picnic will take place after Mass, June 13, (Second Sunday). There will be no Mass at St. Pius V Chapel in Birmingham on June 6, nor on June 13, we return to our regular schedule of Mass at St. Pius V Chapel on Sunday June 20.
5. **MASSES FOR THE WEEK:** (Father Abbot Leonard's schedule only)

SUNDAY: For our Monks and Nuns and Oblates  
MONDAY: For the People of our Chapels  
TUESDAY: Poor Souls in Purgatory

WEDNESDAY: Special Int. Patricia Shelar  
THURSDAY: Dec. Abbot Bede Luibel OSB Nameday  
FRIDAY: Welfare of Jesse Russo  
SATURDAY: Dec. Iva Roy

### *A Thought To Remember ...*

#### *Come Holy Ghost and fill the hearts which Thou hast made*

Our whole life is a constant renewal of effort; it is a constant revival of faith and hope. Every day, every hour, every minute must be a resurgence of love, but this can be done only if God's grace is in the soul. The journey of the life of a true Christian resembles the journey that Jesus and Mary made at every step from the squalid stable to the darkness of Calvary. We are repeatedly forced to learn more how to descend to the utter poverty and helplessness of Bethlehem, so that we can, with strength, rise to the ultimate sacrifice of Calvary. Today, let us pray to the Holy Ghost for the gift of Understanding.