



## Christ the King Monastery

(Traditional Benedictine Hermits)

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Masses: see announcements

Holy Days: see announcements



January 8, 2012 – Feast of the Holy Family

Mass of Feast of the Holy Family

Bulletin #1225

### *Announcements:*

- |  |           |          |
|--|-----------|----------|
| 1) Masses for the week are as follows: | Monday:   | 11:00 AM |
|  | Thursday: | 11:00 AM |
|  | Friday:   | 9:00 AM  |
|  | Saturday: | 8:00 AM  |

### **2) Sunday, January 15<sup>th</sup> Mass is at 4:00 PM.**

- 3) The Feast of the Epiphany was this past Friday; blessed chalk is available so that each of us may place the Epiphany Blessing upon our homes. The blessing is on the back of this bulletin.
- 4) Work has commenced on the permanent installation of the stained glass windows.
- 5) Thursday, February 2<sup>nd</sup> is Candlemas Day. If you wish to have candles blessed on that day please bring them by the last Sunday in January and place them in the vestibule with your name on the container.

## Three Fundamental Principles of the Spiritual Life

by Moritz Meschler, S. J.

### Chapter XIII : Anger and Impatience

3. The universal remedy against anger and impatience is meekness, which restrains the inordinate desire for revenge and the overmastering sense of anger. Meekness produces, not natural indifference, stupidity or fearfulness, but the love of reasonableness, and of that beauty and nobility which are inherent in true meekness.

How much reason we have to practice meekness! It is a prime necessity in this life of ours; nothing can be done without it. It is not the loftiest of the virtues, certainly, but scarcely any is more needful in our daily life. Sugar is better than salt; but salt is more important, because we use it daily and for almost everything. Moreover, nothing so completely wins for us the regard, confidence, and affection of men as meekness. It is always an indication of great intellectual superiority, rectitude of judgment, ripened experience of life and, especially, unwonted strength of will and a good, humble and kindly heart. What more do we need in order to attract men's hearts, to win them and attach them to us? Their souls rest with utter confidence at the side of meekness. Everyone flies from the neighborhood of a volcano; and impatience and anger are volcanic in their nature. They do no good and much harm, even more harm than we intend. Everywhere we spoil God's work by impatience and make it impossible for Him to make use of us. Impatience has no place in the New Testament, which is the covenant of charity, confidence and peace; while meekness makes us beloved both of God and men.

4. In order to be always patient, we must as far as possible practice recollection, that impatience may not take us by surprise. We must realize that everything is possible in this world, must be amazed at nothing and prepared for everything. We must always adhere to the resolution to bear all injustice patiently, whatever it may be, and whencesoever it may come, in whatever form, from whatever quarter, otherwise there would be no cross to carry. Let us be convinced that there can never be good reason for impatience. When we are excited, let us be silent, even as regards the faults of our inferiors. The strength of good government does not consist in always striking immediately, but in overlooking or ignoring nothing without taking measures for its improvement at a suitable time and under favorable circumstances. Everyone accepts a reasonable reproof; it is the sign of a good and generous will; but no one is willing to endure passion. Judge others' faults as you do your own, with patience and forbearance. To be gentle with good men is not the result of our own meekness, but that of our surroundings. True meekness, like true charity and every other virtue, must be able to endure and suffer something. Do not complain of another; you will only become more impatient and infect him you blame with the same fault. In order to attain true patience it is not enough not to avoid occasions of impatience; we must rather seek them. Charity and patience are the way to meekness. When you begin to feel impatient, think how soon the occasion passes over. Tomorrow you will not feel the wrong any more, things will seem quite different and you will rejoice that you did not lose patience.

# 20 + G + M + B + 12

(20 + Gaspar + Melchior + Balthazar + 12)



## THE CEREMONY FOR THE BLESSING OF EPIPHANY CHALK



*(Epiphany Chalk is used to write the inscription over all the doors of one's house. Soft classroom chalk of any color is best for writing on varnished or painted surfaces. A priest should bless the chalk on Epiphany Day, before the celebration of the main Mass of the day, using the following Blessing, which is taken from the Roman Ritual.)*

☩. Behold, the Lord, the ruler is come; and the kingdom is in His hand, and power, and dominion.  
O God, with Thy judgment endow the king, and with Thy justice, the king's son.

☩. Glory be to the Father and to the Son and to the Holy Ghost

**℟.** *As it was in the beginning is now and every shall be world without end. Amen.*

(The Priest repeats the above: Behold, the Lord ...)

☩. All nations shall serve Him. **℟.** *All nations shall serve Him.*

☩. Nations shall walk by Thy light, and kings by Thy shining radiance. **℟.** *All nations shall serve Him.*

☩. All from Saba shall come, bringing gold and frankincense, and proclaiming the praises of the Lord.

**℟.** *All nations shall serve Him.*

☩. Rise up in splendor, O Jerusalem, for the glory of the Lord shines upon you. **℟.** *All nations shall serve Him.*

☩. We have seen His star in the East, and have come with gifts to worship the Lord. **℟.** *All nations shall serve Him.*

☩. The kings of Tharsis and the Isles shall offer gifts; the kings of Arabia and Saba shall bring tribute.

All kings shall pay Him homage; all nations shall serve Him. **℟.** *All nations shall serve Him.*

**Priest:** LET US PRAY:

O Lord God, bless ✕ this chalk which Thou hast created, that it may be helpful to mankind; and grant that through the invocation of Thy most holy Name all those who use this chalk or with it write over the doors of their houses the names of Thy Saints, Gaspar, Melchior, and Balthazar, may by their merits and intercession receive health of body and protection of soul. Through Christ Our Lord. *Amen. (Priest now sprinkles chalk with Holy Water.)*

*(Later that day - or any day within the Octave of the Feast of the Epiphany - at home, the ceremony is completed by a priest or the father or senior member of the family. The following prayer is said once and at the main entrance of the house. All the family members should be present, and should accompany the priest or the head of the family as he or she goes from door to door - everyone keeping a respectful silence, or better yet, reciting the Joyful Mysteries of the Rosary.)*



## THE CEREMONY FOR THE EPIPHANY BLESSING OF THE HOME



☩. Peace to my house. **℟.** *And to all who live here.*

☩. The father of the just will exult with glee; let your father and mother have joy. **℟.** *All nations shall serve Him.*

☩. Happy they who dwell in Your House, O Lord! Continually they praise Thee. **℟.** *All nations shall serve Him.*

☩. Blessed is the man who hears me and who watches daily at my gates and at the post of my doors. **℟.** *All nations ...*

☩. O Lord, hear my prayer. **℟.** *And let my cry come unto Thee.*

**Father:** LET US PRAY:

Hear us, O Holy Lord, Father Almighty, Eternal God, and send Thy Holy Angel from Heaven to watch over, cherish, protect, be with, and defend all who live in my house. I call upon Thy Saints, Gaspar, Melchior, and Balthazar, to protect my family and my home from every harm and danger, and I place the marks of their holy names over the doors of my home to remain there as a constant reminder to us and to all who enter here that my house is truly a house of the Lord.

O God, make the door of my house wide enough to receive all who need human love and companionship; narrow enough to shut out all envy, pride, and strife. Make its threshold smooth enough to be no stumbling block to children, nor to straying feet, but rugged and strong enough to turn back the tempter's power.

O God, make the door of my house the gateway to Thy eternal Kingdom. I ask these things in the Name of Jesus Christ Thy Son. **℟. Amen.**

# All nations shall serve Him